

Substance Abuse Services

Four Rivers Behavioral Health offers a variety of substance abuse programs for both Adults and adolescents.

Four Rivers Behavioral Health's Center for Specialized Addiction Services offers additional substance abuse treatment programs.

Our Intensive Substance Abuse Program is available for those involved in the court system, have a history of legal problems related to substance abuse or have failed at other treatment efforts.

We also offer DUI Programs for clients seeking to examine and change high-risk behavior. These classes are offered on an ongoing basis.

The Center for Specialized Addiction Services also provides outpatient care for those with a substance abuse problem. Services can include individual or group therapy as well as a comprehensive assessment before treatment begins to determine the services that would be most beneficial.

Four Rivers Behavioral Health programs are billable to most insurance companies. We will work with your insurance provider to determine what services are covered.

If you have a substance abuse problem, the most important step you can take is to get help. This brochure outlines just one of the many programs available.

For more information about the COR-12 Program or any of our substance abuse services, contact Four Rivers Behavioral Health's Center for Specialized Addiction Services at 270.442.8039 or visit our website at www.4RBH.org.

About Four Rivers Behavioral Health

Four Rivers Behavioral Health is a private, not-for-profit agency providing comprehensive, integrated mental health, substance abuse and developmental disability services to promote the health and quality of life for consumers in Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken counties. Any individual in need is eligible to receive services without regard to race, religion, disability, national origin, or gender.



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Comprehensive Opioid Response Program



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What is COR-12

Four Rivers Behavioral Health, through our Center for Specialized Addiction Services offers Hazelden Betty Ford's COR-12 Program as part of the many substance abuse treatment options available to our clients.

COR is the acronym used for Comprehensive Opioid Response and the 12 signifies the importance of including a Twelve Step component with treatment. The program has an option for medically assisted treatment in conjunction with substance abuse counseling. After an initial assessment it may be determined that medically assisted treatment would be beneficial.

Our Partners

The COR-12 Program was designed by Hazelden Betty Ford, the country's preeminent experts in addiction recovery.

Four Rivers Behavioral Health staff have received extensive training from Hazelden Betty Ford and our entire team works together to give clients the greatest possibility for success. The program has an option for medically assisted treatment in conjunction with substance abuse counseling. We have partnered with Kentucky Care to administer medication to those clients in the

COR-12 program who are utilizing that option.



Our Comprehensive Approach

Opioid addiction has reached epidemic proportions in the United States and particularly in Kentucky. According to the Center for Disease Control more than 52,000 Americans die each year from



drug overdoses with Kentucky ranked as having the third-highest overdose rate in the U.S. with opioids indicated as the primary toxin in nearly all of the overdose fatalities.

The program is an integrated model of care that combines the use of medication as an option for treatment along with clinical practice and Twelve Step Facilitation. Other evidence-based treatment methods also are a part of the COR-12 Program such as Motivational Enhancement Therapy, Cognitive Behavioral Therapy and other models

The option to combine medication along with behavioral therapies has been proven an effective treatment for Opioid Use Disorders. Medically assisted treatment when coupled with relevant social, medical and psychological services has the highest probability of being the most effective of all available treatments for opioid addiction.

Not all participants would benefit from medically assisted treatment but would still be candidates for the COR-12 program. An initial assessment will determine if medication is a suitable option.

Is COR-12 Right for Me?

The program is designed for adults who have met the clinical definition for Opioid Use Disorder and have a one-year history of opioid abuse. The program is further focused on clients who have failed attempts with other treatment options and who are motivated to make long-term changes to their life.



COR-12 is unique because of multiple weekly opportunities staff have to engage directly with clients.

COR-12 wraps the participant with a support system that provides hope, strength and accountability to overcome addiction.

The program is tailored to the participant with most taking three to twelve months to complete. Throughout the treatment process family involvement is vital and ongoing monitoring takes place to ensure there is no opioid use during treatment. The program also will include extensive



aftercare planning, peer support, medication management (including replacements for opioids for those clients who it is deemed medically necessary), and community referrals.